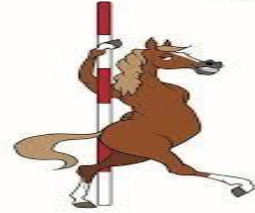


PRARG PRESENTS

Pole Dancing with Lisa Koppman

Weewanna Lodge



Saturday 25th May, 2024



POLE CLINIC: Come and enjoy a day of pole exercises developed to work on rhythm, tempo, impulsion and direction with likeminded equestrians. **Riders from all disciplines and abilities will learn something from their session.**

4/5 riders per group

EA/PRARG EA members \$15 per rider – Plus vouchers (there is no limit on number of vouchers which can be used)

PRARG members who are non-EA \$20 per rider

All riders need to help either set up day before with getting jumps out of the container on Friday afternoon or early Saturday morning and put away Saturday afternoon.

Please state preferred time when nominating, as well as help options.

- 8.00am to 9.00am
- 9.00am to 10.00am
- 10.00am to 11.00am
- 11.15am to 12.15pm – can include some small jumps

Lunch and afternoon times if required.

- 12.45pm to 1.45pm
- 1.45pm to 2.45pm can include some small jumps
- 2.45pm to 3.45pm

Enquiries: Kylie Rye – 0423 427 656 / sampsonvangorsuch@gmail.com

Closing Date: Monday 20.05.2024 (4pm) entries via www.nominate.com.au