



PRARG Freestyle Workshop

Open to All (non-ridden event):

- DQOSC approved workshop judges and stewards
 - Riders
 - Coaches

Featuring 5* Judge Mary Seefried and FEI Rider & Coach Victoria Welch

 Sunday 13th February 2022 1-3pm 

Venue: 637 Brooklands Rd, Allenvue (Centrally located between Beaudesert and Jimboomba)

Nominations: through nominate.com.au

Closes: Monday 7th February 2022, 5pm

Enquiries: Melissa Forrest, melf3277@hotmail.com or 0447 735 832

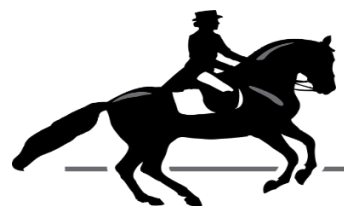
Cost: \$20 per attendee (PRARG members can use 1 x \$10 voucher) includes tea, coffee, cold drinks and nibbles. BYO chair and run under current COVID restrictions (currently restricted to 30 maximum).

FORMAT :

- How to structure a test
- Learn the requirements as per rule book including timing
- Types of music, what we don't want to hear
- Tori Welch - a rider's perspective on how she puts a test together.
- Riders will be given the opportunity to ride a Freestyle on 20th March at PRARG's ribbon day.

Mary Seefried - Mary has more than 40 years of service to equestrian sport. Mary was a competitor in dressage, eventing and jumping events in the 1970s and still is one of the few Australians to have completed the Tevis Cup – a 160km endurance event in Nevada, USA. In 1998 Mary was appointed as one of only 30 Olympic level (5*) judges in the world and the First Australian to be appointed to this level. Mary was the Australian judge for dressage at the Sydney 2000 Olympic Games and over the past 20 years has held official positions at many international events including the multiple World Equestrian Games, the FEI Dressage World Cup Finals, the European Championships, the Asian and SE Asian Games, the Pan American Games.

Mary was most recently the Technical Delegate for the Asian Games in 2018 and the Tokyo Olympics in 2021.



Victoria Welch – Tori has had a successful competitive career including the 2009 Youth Olympics, where she won the Individual Dressage Gold and Team Silver medal. In 2010, she won an Australian Qualifier for World Young Rider Championships (CDI-Y). She has represented Australia twice in the Trans Tasman Derby. Her 2021 results have qualified her to represent Australia at the World Young Horse Championships on Brentanus as a 6yr old.

Tori is an EA Level 2 dressage specialist & PC coach who aims to develop horses in a sound, relaxed and confident frame of mind to their highest ability.