

Park Ridge Adult Riding Group



January 2011

Diary dates for 2011

DRESSAGE – OPEN EVENTS

March 13th ** Preliminary to Elementary April 17th Associate Prep to Advanced
June 5th ** Medium to Grand Prix July 17th Off Preliminary to Advanced
Winter Series 3rd and 24th July – Preliminary to Medium

DRESSAGE – INTERNAL EVENTS

March 20th 1st Ribbon day May 2nd Test Evaluation Day June 26th Fun Day
August 14th 2nd Ribbon Day Oct 2nd 3rd Ribbon Day

HACKING – OPEN AND INTERNAL

February 27th T-Shirt Hack Show plus at ribbon days – 20th March, 14th August and 2nd October

GENERAL AND GROUNDS HIRED OUT

January 29th Sign on Day February 12th Super Clinic
 - Equissage Demo
 - Microchipping of horses
April 10th Grounds Hired June 11/12 – Grounds Hired Sept 13th Super Clinic
23rd Saddlery Market Noon on
25th Super Clinic 13th Super Clinic

President's Report

New members – Welcome Anita Barton, Suzanne Bedford, Kerryn Anderson, Alison Gregg, Troy Lee

Grounds – Rain – Weeds – but no longer. **Thank you to the members, husbands and families who came to the working bee on Sunday helping spray and mow the arenas & spring clean the shed – Sadie the cleaning lady couldn't have done a better job!**

Coming events (January/February/March):

- Sign On day – 29th January
- 1st Super Instruction Clinic – 12th February
- TShirt hack show – 27th February
- Official ** Preliminary to Elementary – 13th March
- Ribbon Day – 20th March

Floods: What can I say except that all our thoughts are with not only our horsey friends but the whole community and members continue to support the various flood appeals of their choice.

Sign on Day – SATURDAY 29th January – 7 to 11am – As well EquiMassage and Microchipping available. Please see info in newsletter.

Kay

OFFICER BEARERS

PRESIDENT

Ms Kay Paulsen
55432158 / 0419 741 273
prarginc@primus.com.au

VICE PRESIDENTS

Regina Rosin
koolstar@gotalk.net.au
Phone: 5546 0669
Wendy Anderson
3297 7256 / 0432 500 871
wendlee2@optusnet.com.au

SECRETARY

Mrs. Jeannine Brown – 5547 8910
Jembraestud@bigpond.com

ASSISTANT SECRETARY

Mrs. Jenny Resuggen – 5543 6026
res01@bigpond.net.au

TREASURER

Julie Jenkinson - 3200 6255

SPONSORSHIP SPOTLIGHT

Mrs. Jeannine Brown 5547 8910
Jembraestud@bigpond.com

COMMITTEE

Christine Tompkins - 5547 7314
kristoni10@bigpond.com

Sharon Burr – 3829 9944
sharonburr@bigpond.com

Sharon Liikanen – 5543 6590
Skyeliikanen783@hotmail.com

WEB MASTER

Regina Rosin

www.prarg.com



DRESSAGE REPORT



Dressage Meeting – 21/1/2011 – Apologies L. Binch, J. Collins

- Lessons for year. 12th February – advertise at sign on day and send to other clubs. Easter (?who taking booking) /June schools – Regina to chase up
- EQ grant discussed regarding \$5000 for workshops – Heath and Rozzie Ryan suggested.
- Summer Series cancelled. Decided to run a winter series – 3rd and 24th July. \$40 non members \$30 members – increase class numbers to max 30 Preliminary/Novice. Add medium as well – elementary/medium – maximum 15 ? Jackie or Di for entries. Kay to confirm sponsors - Equilibrium and Shire Saddlery.
- Internal days – 20th March, 4th May (Public Holiday) Test Evaluation Day, 26th June Fun day, 7th August 2nd ribbon day, 2nd October 3rd Day.
- Programme for 2011 – March ** on web site and thanks to Jaclyn Clark for getting pony sponsorship as well as other great donations.
- April Associate sponsor – Regina to chase up
- Workers for 13th March – Regina to organise scorers and suggest that Sharon and Jackie do other workers. Form to be available at sign on day. Talked about training scoring session.
- Next meeting 21st February – venue to be advised.

NEW DRESSAGE RULE CHANGES ARE NOW ON THE EA WEB SITE -

<http://www.equestrian.org.au/default.asp?Page=24651> It is up to judges and riders to keep their rule books updated.

Farewell:

David and Sharna Glover have moved to South Australia and thank PRARG for its friendship for the past two years.

PROGRAMMES:

- Currently available on the web site :
- **Hack show 27th February**
- **Dressage ** 13th March**
- **Ribbon day 20th March**

Hard copy members – attached with newsletter.



PRARG's flood donation – 10 new rugs and a halter. Thanks to Aitken's Saddlery for their 10% off all items which enabled the club's \$350 to go further. Any members who have items to donate – bring along to sign on day or drop off to Kay/Regina or Tania Marsh at Logan Village

Minutes of the Park Ridge Adult Riding Group - Management Meeting
HELD: 20.1.11 LOCATION: K. Paulsen's home – opened 7.35pm

ATTENDEES: R. Rosin, J. Resuggan, C. Tompkins, J. Gregor, S. Liikanen Chairperson
K Paulsen

APOLOGIES: W. Anderson

ITEM NO. | ITEM

1.0

Business Arising from minutes: Moved C. Tompkins, seconded J. Gregor

- **Ambulance levy** – Jeannine has forms and will be submitted
- **LCC** – PRARG has received \$1,000 in tipping fees to use at any LCC refuse tip
- **Breast Cancer Council** – Regina will contact the BCC and organise for permission to run a fund raising event in September. Kay to contact RASDEC re their days.
- **Sign on day** – 29th January. Equissage is confirmed. Microchipping may be cancelled due to lack of numbers and support. Regina will contact Katrina re BBQ and Di for the sausages.
- **Working Bee** - poison weeds, mow 10 minute yards, do yards in general, starting until 7-11am. Light refreshments will be available. Chris to contact Ken re poison.
- **Gambling Community Benefit Fund** – Shed unsuccessful in first round

Correspondence:

Inwards: Moved R. Rosin seconded J. Resuggan

- **Blue cards notifications**
- **State Library notification of newsletters** – Jeannine to contact them and advise about November newsletter
- **Quantum Savvy** – Hire of grounds
- **Logan City Council** – Super Sports Day 6th Feb
- **EQ** – Certificate of Affiliation/ Sports Development Funding
- **Sharon Carroll** – Offering instruction schools
- **LWCPG** – Grant application
- **Office of Fair Trading** – Amendment of Constitution approved
- **Momentum** – Funding Opportunities

Outwards:

- Letters to Judges for 2011
- Letters to LCC regarding waste charges

Business arising from correspondence:

- **Quantum Savvy** – Hire of grounds, will charge \$10 for hire of grounds per person and/or riders can join PRARG. Organisers to co-ordinate ground opening with Kay.
 - **LCC sports sign on** – Committee has decided at this stage we won't participate due to the venue.
 - **EQ** – Sports Funding, suggestions needed for Instructors, feedback from members is requested. Sharon is to contact Heath Ryan/Rozzie Ryan. Kay to add to newsletter.
- LWCPG** – Agreed that the Sharon will get quote for timber to fix up yards and add 5 new yards down near the wash bay. Amend some yards to be suitable for stallions. \$1,000 to be contributed towards materials. Kay to contact LWCPG and advise.

1.4

Financial report: Moved K. Paulsen Seconded J. Gregor

Balance 31/12/10 - \$6404.65 Outstanding cheque \$49.00

Income December:

Dressage entries- \$943 **Hack S/ship** \$140 **Canteen** (Saddlery Market) \$70= **1153.00**

Expenditure December:

Grounds \$160.70 **Dressage(SS(** - \$172.20/**Ads(Saddlery Market)** - \$104.50/ **Secretarial** - \$302.20 **EQ fee**\$ 240

Refunds -\$234.00 **Tshirts** - \$371.25 – **Total - \$1584.85**

New members: A Barton, S Bedford, K Anderson, A Gregg, T Lee,

1.5

Dressage report: As per minutes of tomorrow's meeting

Hack report: nil: nil

Show jumping report: nil

1.6

Publicity Report: Newsletter ready to go after meeting

1.7

Grounds report:

- C Tompkins to contact Ken McAuslen about PRARG poison

General Business:

Meeting closed at 9.32pm, next meeting 17th February at J Resuggan

MEMBERS CREDITS – RIBBON DAY/SERIES – DON'T FORGET TO USE TOWARDS MEMBERSHIP ON SIGN ON DAY – CHECK WITH KAY FOR THE AMOUNT IF NOT SURE

HACK REPORT



- Committee has kept communicating by email.
 - Thanks Rachael for organising judges – Kylie Chandler & Vanessa Lyall so far!!
- Workers required – please contact Simone Tiplady (3288 8124) or sacredhillarabians@bigpond.com or Katherine Hopkins (3297 1705) or claykath@people.net.au.**
- Gate (5.30 to 8am)
 - Nominations x 2 (6.30 to 8.30) and then another person until lunch time
 - Ring stewards x 3
 - PA person / Chief Steward

T-Shirt Hack Show 27th February 2011



Date Claimer

The Dressage QLD Judges sub-committee
presents a H Level (Probationary) Judges Seminar



on Saturday 19th February
at Benalbyn Lodge, 22 Coreen Road, Munruben

This seminar is open to EA members, over the age of 17, interested in becoming a Dressage Judge, or to existing H and F level judges wanting more experience in training their eye.

If you are interested in attending, please register your interest with Lesley Sullivan:
lsullivan11@optusnet.com.au

New Grading System Implementation

From 1st January 2011:

- all horses will be graded at the level they are currently with no grading points
- all horses will begin accruing grading points when gaining 60% or better in a level higher than their graded level
- a new performance card will be forwarded for all horses

Articles for the newsletter!

We are interested to know what our members are doing so please send any photos or articles to Jeannine Brown – jembraestud@bigpond.com



FOR SALE

Missed out on going to the PRARG Saddlery sale? Don't worry, you can email your items for sale and we will include them in our newsletter.

For the cost is free!!! Outside advertising \$5 per month?

VALUED CLUB SPONSORS FOR 2011

Please support where you can

Benalbyn Lodge (Naomi O'Farrell) - (07) 3297 0957

[Team QEB](#) (Glenn Pearce) - (07) 5547 7044

Dave's Mowers (Tom & Jan Marks) - (07) 5546 9327

Dr Yahya Omar Equine Dentist - 0415 588 948

[Equestrian Land Developments](#) (Todd Cunningham) - 0407 149 637

[Equilibrium Mineral Mix](#) (Catherine Graham) - 1300 720 377

Gharkso Electrics (Graeme Kneebone) - 0417 516 298

Ian Kraatz (NCAS Level 2 & Farrier) - (07) 5548 6147 / 0415 344 726

[Kristen's Website Design](#) (Kristen McAuslan) - (07) 3297 0049

[Noble Bend Stud](#) (Nicole Williams) - (07) 5544 2044

Rob's Panel & Paint - (07) 5547 8336 Mob 0429486655

[Shire Saddlery](#) (Suzanne Gibbon) - (07) 3800 6748

[Horseland Underwood](#) - (07) 3341 350

www.gnequestrian.com.au Gifte Neergaard EFA NCAS Coach PH 0402428940

Papa Smurfs Landscaping (Katreen Stephenson) - 0402 030 883

Cobb N Co Express (Chris Tompkins) - 55 477314

[Equistore](#) (Kay Sutherland) - (07) 5527 8208

New Sponsors - welcome aboard!



55 410219

Large Animal Surgery, Medicine & Reproduction **as well vouchers/goods:**

- **NORCO**
- **CRT BEAUDESERT**
- **LAHEY & WALKER**
- **OLLIES FRUIT MARKET**

ANY MEMBERS WHO HAVE WON A TROPHY AND NOT COLLECTED AS YET, PLEASE COLLECT AT



SIGN ON DAY

Sign on day

Saturday 29th January – 7am to 11am
Club grounds – Olson & Teviot Rds, North Maclean

IN CONJUNCTION WITH

- * **EQUISSAGE DEMONSTRATION**
- * **MICROCHIPPING - BY APPOINTMENT**

MICROCHIPPING FROM 8.00AM UNTIL 12 NOON
EQUISSAGE DEMONSTRATION 8AM AND 9AM



MICROCHIPPING IS OPEN TO Members and prospective members WISHING TO GET THEIR HORSES MICROCHIPPED WHICH IS COMPULSORY FOR ALL EA OFFICIAL COMPETITION HORSES 1 JULY 2011 (you don't need to have your horse microchipped to do ribbon days etc - only official days).

COSTS: \$35 - SEDATION ADDITIONAL IF REQUESTED (Scenic Rim Vets)

CONTACT: JEANNINE BROWN ON 5547 8910

PAYMENT NEEDS TO BE ACCOMPANY BOOKING FORM OTHERWISE HORSES WON'T BE ACCPETED. Minimum numbers apply.

1. Reg EA Horse name _____
2. Reg EA Horse name _____
3. Reg EA Horse name _____

Rider Name:

Phone: **EA Member No:**

Fees enclosed Microchipping @ \$35 per horse x = \$.....**Cheques to be made payable to Park Ridge Adult Riding Group Inc.**

IT'S BACK - 1st SUPER INSTRUCTION DAY - 2011

When - Saturday 12TH FEBRUARY

Venue: PRARG Grounds, Cnr. Olson & Teviot Roads, North Maclean

Bookings close: 1st February, 2011

Booking/Enquiries details: Cheques made payable to PRARG and sent to: PRARG, C/- 72 Heins Road, Buccan. 4207 Vouchers can be used towards lesson payment. Direct Debits details – contact Jackie. Receipt and reference of payment to be attached with booking form. Ph: Jackie Collins 3807 5985 or jackiecollins62@msn.com

Instructors:



Paula Price -

Paula is a Grand Prix Rider, NCAS Level III Coach and has been a member of the EQ Elite Dressage Squad. Paula caters to all levels of rider beginners to advanced, children and adults.

Fees: **Private lesson 45 min \$70 or \$80 shared lesson (2 riders) Group lesson 1 hour \$100 (3 to 5 riders)**



Jeanette Bourke

For those of you that don't know me, I have been competing officially at Dressage for nearly 30 years part thereof in Sydney. I have trained with a variety of trainers but the two most prominent are Carolyn Lieutenant and currently Traci Manca. I have trained 2 horses Richmond and Argyle to FEI level and nearly there with the third Jaybee Althea, who will be going out Prix St. George in 2011. I was selected for the 2010 QLD Dressage Performance Squad and have competed at State and National Level

Fees: \$50 – 45 minutes



Gitte Neergaard

Gitte is a qualified EA NCAS Coach who specialises in dressage and believes in a fun and positive learning experience. For more info please visit: www.gnequestrian.com.au

Fees: \$60 – 45 minutes

General: Lessons will commence at 8am with late afternoon available if required. It will be strictly first come first served basis. Organisers will endeavor to accommodate preferred lessons times where possible.

MONEY MUST ACCOMPANY BOOKINGS – PRARG members have priority as school is open to non PRARG members.

Preferred Instructor and Time:

.....Horse name _____

.....Horse name _____

-----Horse name _____

Your Name:..... Phone:.....

Address (if not member).....

Email address:..... EA No if not PRARG member.....

Insurance (day membership) @ \$20 if applicable:.....

TOTAL ENCLOSED \$.....

AG1STMENT.

Yarralee Equestrian Centre at South Maclean has a vacancy for 1 horse.

Facilities include: Fully fenced arena.

Round yard, horse wash, good grass & fencing

Night yards with or without shelters

In a Peaceful, well treed and quiet setting

Caring & knowledgeable management.

Weekly prices start from \$50.00 pw. for self care to Full care with or without feed included. We can tailor the service to suit the need of you and your horse. Only 5 minutes from PRARG grounds.

Call Di for more details and inspection - ph 32975856

A member's wet weather Tips!!!

Fly spray: 25ml Tea Tree Oil. 50ml Metho in 500ml water. Shake well. Spray on legs & rugs daily.

Midges: ½inch of Kerosene in a tin & hang in the canopy of a tree or high up in the stable. Midges don't like the smell so won't hang around.

Mud fever solution: ½ tsp Copper Sulphate(Bluestone) ½ jar of cider vinegar, fill jar with water. Shake well it should be a blueish colour. Paint on daily until swelling goes down. It does sting so be careful when applying.



SPONSORSHIP SPOTLIGHT

Rob's Panel & Paint

Rob Douyere has been sponsoring PRARG for more than ten years. Rob's Panel & Paint business has been a registered home business since 1984. Many PRARG members and competitors will guarantee the workmanship received when getting their vehicle and float repainted or renovated. No job is too big or small. See below

what Rob can help with:

- Repairs on all makes and models of vehicles, horse floats & trailers
- Repairs include – repaints/rewiring/upholstery/repairs/safety inspections/roofs/replace floors/replace rubber /kickboard/repair fiberglass/replace windows

As well Rob in the QLD agent for Tender Deluxe & Olympic horse floats and local agent for Trailers 2000. Rob always has a display at the saddlery markets and at events he sponsors (13th March). **FOR A FREE QUOTE or further information contact Rob** -55 478 336/0429 486 655 robspanel@bigpond.com or call in and see him at 11 Blackwood Road, Jimboomba



Thanks Di Smith for this inspiring article.

By Jessica Elsey, a working student at Ashanti Farm, who participated in a farm clinic August 16-18, 2001

Every once in a while a rider needs their passion for this sport refreshed. It is very easy to get into ruts when you are riding and training every day. Every rider knows what it is like to have a plateau in their progress, or worse to encounter one of the many setbacks that occur when working to improve your horse or your riding. I recently found myself in a bit of a lull in my riding and in need of inspiration. Well, thanks to a clinic held at the farm where I am currently a working student, I received enough inspiration to last a lifetime. In three days my love for the discipline of Dressage and my faith in the slow and steady process required to ride correctly were restored. In fact, in the five years that I have been a serious rider I have never felt this excited about hopping in the saddle.

I was six months into the one-year duration of my working student position at Ashanti Farm Inc. in Gordonsville, VA. The first few months had been amazing. I was learning rapidly and having huge "Aha" moments on a daily basis. My process had slowed significantly when the horse I was riding, a thoroughbred gelding named "Remington Steele", injured himself after playing around in his paddock. Our work was limited to walk and trot for a few weeks, and it couldn't have happened at a worse time.

Ashanti Farm Inc. was gearing up for a clinic given by Mr. Arthur Kottas, First Chief Rider of the Spanish Riding School in Vienna, Austria. Before the clinic the staff was to receive lessons from Mr. Kottas. I had just resumed canter work with Remy, but he was still very weak behind. I walked into the ring for my lesson with butterflies the size of Texas in my stomach. I was so nervous that I was barely riding and I think Remy was nervous too because he was barely moving. Here was my opportunity to learn from one of the Greats and I could hardly get my horse to go forward. I left the ring feeling distraught and disappointed. The lesson had been informative and Mr. Kottas was very nice, but I knew I rode terribly and I dismounted with a sunken heart.

After that I didn't think that anything could cheer me up. I felt like throwing in my spurs and taking a nice little job in retail or something. I could almost see myself saying "Would you like me to find you some socks that match that shirt?" when something amazing happened, something that changed me forever.

The first day of the clinic had ended and everything had gone extremely well. I was lucky enough to have gotten the job of ring steward so I got to watch all 13 riders receive their lessons. The riders ranged in skill level from Training to Grand Prix and Mr. Kottas treated each participant with equal attention and respect as he tried to impart his wisdom to the riders and auditors. I was extremely impressed with his patience and his humor as he answered countless questions and repeated countless instructions.

The riders and auditors had all gone home when I heard that Mr. Kottas was going to ride our Grand Prix Horse "[Delacroix](#)" to prepare him for the exhibition ride on the final day of the clinic. The staff was invited to watch and I was overcome with excitement to see what Arthur could do with "Dela". "Dela" isn't an easy horse to ride and he hadn't been schooling Grand Prix very much due to an old injury, so I was in no way prepared for what I was about to see.

As soon as Mr. Kottas sat in the saddle I knew that this would be no ordinary ride. His position was flawless. He was relaxed but his upper body looked as firmly set in place as a flagpole. It seemed that the horse could have pulled on him with all of its might but Arthur would not have budged. I wasn't the only one impressed with the way Mr. Kottas sat in the saddle, "Dela" walked off with a confidence I had never seen in him.

Silence filled the arena as Arthur rode half pass, canter pirouettes, piaffe and perfectly executed changes on a horse that, at this point, looked like a completely different animal. I was blown away! I had always heard my instructors talk about this kind of riding, but I had never actually seen anyone able to do it. There was no force, no tension and no misunderstood aids. "Dela" had a tendency to get nervous and excited when asked to perform more difficult maneuvers, but the horse I saw before me looked as relaxed as a feather blowing in the wind.

I was in wide-eyed amazement as Mr. Kottas took "Dela" down the centerline in one tempi change that were as straight as an arrow. The horse without question understood everything he asked "Dela" to do. It seemed like they were talking to each other, or maybe they were just intently listening to each other. Either way what I saw was flawless communication.

What moved me the most watching Mr. Kottas take Dela through Grand Prix movements was actually one of the most elementary maneuvers done under saddle, the down transition. Arthur would go from medium canter to walk as smoothly as a wave rolling on the ocean. There was no moment of hesitation, no loss of rhythm and absolutely no tension. Even the piaffe to walk transitions were smooth and relaxed. I can honestly say that I had never witnessed a perfectly executed down transition before this day.

When the ride was over the small crowd fortunate enough to be an audience to this tremendous ride broke out into applause. We were all moved, inspired and grateful to be in that time and place. I had goosebumps and I couldn't wait to ride my horses. Just by watching this man ride I learned so much! I learned that I need to be more still in my riding so that I can be quiet enough to hear my horses. I learned that nothing beautiful can be achieved by force and that the horse is able and waiting to do whatever you want it to, you just have to ask correctly. Finally, I learned that nothing is more important than remembering that Dressage is an Art and when we ride we should be Artists and not just Athletes.

I feel extremely fortunate to have been able to watch Mr. Kottas ride and teach at our three-day clinic. I know that my horses appreciate my new outlook towards their training. Whenever I feel tension creeping in or frustration rearing its ugly head when things don't go as planned I just think back to that day. I remember how Mr. Kottas sat so quietly, how all of his aids were applied with clarity and ease and how peaceful and happy "Delacroix" looked with Arthur riding him. After this image washes over me my riding improves immediately. Thank you Mr. Kottas and Ashanti Farm Inc.!

